

11/16/2020

Dear Parent or Guardian:

Honoring our commitment to the health and safety of the students, families, and communities we serve, Harmony School of Innovation-Euless is notifying all its families that there have been two or more students who are lab-confirmed to have COVID-19. Due to privacy requirements, we will not be releasing the names of these individuals.

The local health department has been notified and, while they will begin their own investigation, to maintain transparency and for the safety of all individuals involved, HSI-Euless has directly contacted any individuals determined to be in close contact with the infected individuals. We do not have reason to believe that those who were not in close contact with the infected individuals have reason to be concerned.

In order to thoroughly clean the campus and ensure that individuals affected will have time to test or seek medical care, **HSI-Euless will close the building for in-person instruction through Friday, Nov. 20. In-person instruction will resume after the Thanksgiving break on Monday, Nov. 30, 2020.**

### **What are the symptoms of Coronavirus?**

The of symptoms of COVID-19 include: Fever of 100.0 or above, Chills, Cough, Shortness of breath or difficulty breathing, Fatigue, Muscle or body aches, Headache, Sore throat, Congestion or runny nose, Nausea or vomiting, Diarrhea. New loss of taste or smell is a positive sign of COVID-19 and individuals experiencing loss of taste or smell should receive COVID-19 testing immediately.

### **What do I do if my child is sick?**

Anyone displaying the signs or symptoms of COVID-19 should follow below self-quarantine policy:

Exposure or Illness with Positive Testing:

The following criteria must be met in FULL:

- at least one day (24 hours) have passed since recovery (resolution of fever without the use of fever-reducing medications);
- the individual has improvement in symptoms (e.g., cough, shortness of breath); and
- at least 14 days have passed since symptoms first appeared.

Exposure or Illness with Negative Testing or U.S. Based Medical Provider's Note.

If an individual has symptoms of COVID-19 and wants to return to campus before completing the above stay at home period, the following criteria must be met in FULL:

- Either obtain a medical professional's note clearing the individual for return based on an alternative diagnosis OR obtain a negative COVID-19 test AND
- at least one day (24 hours) have passed since recovery (resolution of fever without the use of fever-reducing medications).

Exposure or Illness with No Testing and No U.S. Based Medical Provider's Note.

The following criteria must be met in FULL:

- At least one day (24 hours) have passed since recovery (resolution of fever without the use of fever-reducing medications); AND
- The individual has improvement in symptoms (e.g., cough, shortness of breath); AND
- At least 14 days have passed since symptoms first appeared.

If, while quarantining or otherwise, the following symptoms are experienced, 911 should be called and emergency transportation should be immediately obtained: trouble breathing, persistent pain or pressure in the chest, new confusion, inability to wake or stay awake, blue color in the lips or face, and for children unexplained rash.

### **How is COVID-19 treated?**

Measures may be taken to help relieve the symptoms, which may include getting enough rest, drinking plenty of fluids and avoiding tobacco and alcohol. Over-the-counter medications, such as Tylenol or acetaminophen, when used as directed, may lessen fever, headache, and muscle aches. See your doctor or emergency room immediately if you are experiencing any respiratory issues such as shortness of breath or wheezing.

### **How is COVID-19 spread?**

Coronavirus is easily spread from person-to-person through the air by coughing or sneezing. Surfaces and hands contaminated with nose, mouth, or throat secretions can also spread coronavirus viruses. An infected person may spread coronavirus two to fourteen days before having symptoms. The virus may also be able to be spread while the individual is ill.

### **How do you control the spread?**

Wearing a mask and maintaining 6 foot social distancing is the best way to help control the spread. Additionally, adults and children should wash hands frequently and thoroughly. Use plenty of plain liquid soap and warm water. Teach children to cover their noses and mouths with a tissue or their arm when coughing or sneezing. When using a tissue, dispose into a proper wastebasket and wash hands well afterwards. Avoid touching the eyes, mouth, or nose. Avoid

close contact with people who are sick. Clean and disinfect commonly touched surfaces frequently. Stay home if you are sick, even if you don't think it's COVID-19.

**How do I get more information?**

For more information about Coronavirus, or if you are experiencing signs and symptoms, contact your healthcare provider. If you need assistance locating a provider due to lack of insurance or income concerns, or need directions on how to find local testing services, please contact your campus Health Staff.

**How do I get my student support during this stressful time?**

For emotional and mental health support during these trying times, please navigate to: <https://www.harmonytx.org/athome#healthy-minds>

Thank you for your understanding, and please let me know if you have any questions.

Sincerely,

Muberra Yaradanakul

Principal  
Harmony School of Innovation-Eules